

# POWER LIFT®

POWERFUL IDEAS FOR POWERFUL RESULTS

## ADJUSTABLE WOOD PLYO BOXES

Power Lift's Adjustable Plyo Boxes are an efficient, space-saving take on the traditional plyo box. Each box can adjust to six height settings in 3" increments. An angled top ensures that toes aren't caught during workouts, and a shock absorption surface helps negate any impact. Handles on both sides of the box make them easy to move around a facility.



### KEY FEATURES:

- Available in 3 sizes
- Each box adjusts in six positions
- Commercial grade surface
- Made using premium solid red oak
- Custom logos available
- Adjustment Positions:
  - Small Box: 22.06", 25.38", 28.69" and 32"
  - Standard Box: 31", 34", 37", 40" and 43"
  - XL Box: 37", 40.31", 43.63", 46.94", 50.25", 53.56", 56.88" and 60.19"

### Overall Dimensions:

30" (L) x 30" (W) x Varies (H)  
120 lbs. (Small Box), 132 lbs. (Standard Box) and 145 lbs. (X-Large Box)

### Warranty:

One year conditional warranty on frames and construction and ninety days on top finish and rubber.

### Part Number:

44000A (APB)  
44072A (APB-SM)  
44073A (APB-XL)

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